

English Tutorial Classes Week 6

1. Read the paragraphs and connect them to the headlines:

- a) At 6-foot-5, you might think Bolt's height would help him run faster. But tall sprinters typically have trouble readjusting their centers of gravity when they come off the starting blocks in short races like the 100m. And there's another reason Bolt has never been the best starter. "Being 6-foot-5-inches tall means he shouldn't be able to accelerate at the speed he does given the length of his legs," former sprinter Craig Pickering explained to the BBC last year. "At the beginning of a race you want to take short steps in order to accelerate, but Bolt is so tall he can't do that. Bolt's power and strides are advantageous, though, once he builds momentum. He routinely reaches a top speed around 28mph, and his long legs allow him to complete the 100m in 40 to 41 steps versus the 44 to 45 his opponents need. The disconnect of seeing Bolt lagging at the beginning of the race only to pull away from the pack near the end is part of the joy of watching him run.
- b) In his 2013 memoir, *Faster Than Lightning*, Bolt talked about encountering authentic Chinese food for the first time at the Beijing Games. The short version: the dishes didn't agree with him. He found salvation in chicken nuggets, averaging about 100 nuggets per day during his 10 days there. Despite all the junk food, he still won three gold medals -- and a little later, an offer from Shuti for a lifetime's supply of his new favorite food -- so it shouldn't be shocking that he still falls back on nuggets when he's in a place with an unfamiliar cuisine.
- c) Growing up in the small Jamaican village of Coxheath, a young Bolt used his dog as a warning system. "When I snuck out of the house to play at my friend's, I would always take Brownie," he wrote in *Faster Than Lightning*. "The moment dad's bike came rumbling home; Brownie's ears would prick up long before anyone else could hear a noise. As soon as that dog made to leave, I knew it was my cue to run back home. In a way, he was giving me a taste of what life would be like in the future: listen for the gun... Bang! Pop the blocks! Run!"
- d) As Bolt wrote in his autobiography, he and a couple friends were fooling around in his BMW M3 Coupe in April 2009 when the vehicle flipped three times across a Jamaican highway. "I gripped that steering wheel hard," Bolt wrote. The car landed upside down in a ditch. Somehow, he and his friends emerged largely unscathed, but the incident changed Bolt's view on life. "My eyes had been opened," he wrote, "I had God in my corner, and He had put me on this earth to run -- and faster than any athlete, ever."
- e) In 2009, the man known as Lightning Bolt began sponsoring an adorable 3-month-old abandoned cheetah that he promptly named Lightning Bolt. He reportedly paid \$13,700 to adopt the speedy lil' guy and have him raised at an animal orphanage in Nairobi, Kenya. They're still good friends, but it should be noted that four-legged Lightning Bolts can beat two-legged ones in the 100m by more than three seconds.
- f) In the 2008 Beijing Olympic, Usain Bolt won the 100 m final with record breaking time of 9.69 seconds. He did this while his shoelace was untied during running. And that is not all, according to the studies made by the University of Oslo, Bolt could have finished in 9.60 seconds time, had he not slowed down to celebrate his obvious win before reaching the finishing line.

1. The Four-legged Lightning Bolt _____
2. Broke Record Wearing Untied Shoes _____
3. A Junk Food lover? _____
4. Bolt's Canine Guardian of Speed and Dreams _____
5. Flipping Fate: A Man's Revelation on Life's Fast Lane _____
6. Breaking the Mold: Bolt's Unique Sprinting Style" _____

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2. Fill in the blanks with the words from the box:

- 1) _____ include various competitions such as sprints, middle and long-distance races, hurdles, and relays.
- 2) In _____, athletes compete to cover short distances at maximum speed.
- 3) _____ require athletes to cover longer distances, testing their endurance and stamina.
- 4) Athletes must clear hurdles of varying heights and distances in _____ events.
- 5) _____ involves teams of athletes passing a baton to each other in a race.
- 6) _____ comprise events like the long jump, the high jump, shot put, and more.
- 7) Athletes showcase their jumping ability in the _____ by leaping as far as possible.
- 8) The _____ consists of seven track and field events, including running, jumping, and throwing.
- 9) The _____ challenges athletes to clear a horizontal bar set at increasing heights.
- 10) In the _____, athletes demonstrate their strength by throwing a heavy metal ball.
- 11) The _____ is a dynamic event where athletes hurl a metal ball attached to a wire.
- 12) Athletes compete to throw a spear-like object the farthest in the _____.
- 13) The _____ combines speed, strength, and technique as athletes vault over a bar.
- 14) _____ involve multiple track and field events, such as the decathlon and the heptathlon.
- 15) The _____ consists of ten track and field events, testing athletes' versatility.
- 16) Athletes demonstrate their throwing skills in the _____ by hurling a flat, round object.
- 17) A _____ is an athlete who specializes in short-distance races, such as the 100m or 200m.
- 18) Track and field is a highly _____ that requires dedication and discipline.
- 19) Athletes undergo _____ to enhance their performance and physical capabilities.
- 20) The sport has strict regulations and protocols in place, including measures against doping or _____.
- 21) In sprinting, athletes rely on their _____ to quickly accelerate from the starting blocks.

rigorous training	decathlon	relays	sprints	combined events	pole vault
discus throw	competitive sport	field events	hammer throw	high jump	
hurdles	explosive speed	long jump	heptathlon	anti-doping	
middle and long-distance races	sprinter	shot put	track events	javelin throw	

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3. Rearrange the words to make complete sentences.

1. 80,000 / can / stadium / people / the / hold

2. there / a / are / in / team / players / football / eleven

3. tournament / many / took / part / in / the / athletes

4. the / organised / all / training / of / our / coach

5. the / eight / ran / in / competitors / race

6. strongest / see / there / was / a / man / contest / to / was / who / the

7. defeat / the / played / team / badly / led / a / which / to / big

8. our / the / bottom / league / team / are / of

9. ends / football / begins / season / August / and / May / British / in / in / the

10. football / I / of / the / was / school / captain / the / team

11. his / skills / brother / football / had / great

12. is / tournament / Wimbledon / June / held / every / tennis

14. earn / professional / money / a / of / can / lot / a

15. the / the / teams / had / controlling / problems / referee

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4. Complete the sentences with the comparative or superlative forms of the words in brackets.

1. This exam was _____ (easy) than the exam in May.
2. You should drive _____ (slowly) or you'll have an accident.
3. We always play the _____ (well) against stronger teams.
4. The test wasn't as _____ (difficult) as I thought.
5. This is the _____ (far) distance I've ever run.
6. You look much _____ (thin) than the last time I saw you.
7. My new computer is _____ (good) than the old one.
8. September is the _____ (busy) month of the year for us.
9. She swam _____ (fast) than she did during the previous practice.
10. The _____ (hard) part of the exam was the listening.
11. He has _____ (long) track and field career in the entire team.
12. The elephant is _____ (big) than the mouse.
13. Among all the bridges, this one is the _____ (narrow).

5. Complete each sentence so that it means the same as the one above.

1. The other students learn more quickly than me.

I don't learn..... the other students.

2. You're very angry and I'm very angry also.

I'm.....you.

3. The seats at the front are more expensive than the seats at the back.

The seats at the back aren't the seats at the front.

4. Central Park in New York is bigger than Hyde Park in London.

Hyde Park in London isn't.....Central Park in New York.

5. Her last film is very good and her new film is also very good.

Her new film is her last film.

6. Translate the following sentences:

- a) Prešao je u najneuspešniji tim lige.

- b) Igrali su utakmicu manje intenzivno nego inače.

- c) According to World Athletics, men's javelin has to be longer than women's.

- d) Topić jumped as high as her opponent, so they both received a gold medal.
